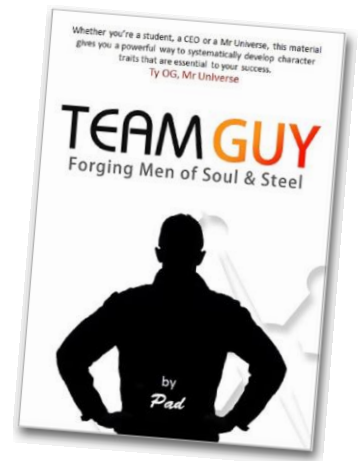


Forging Soul & Steel WORKSHEET

Chapter 5 Actions



Planning & Preparation: Review - Assess - Plan (R.A.P.)

It's time to review your past and current performance, assess what needs to change and plan specific steps that will forge a new path into a better future.

- Do you tend to look before you leap? Or do you tend to wade into a situation by taking direct and immediate action?

- How could you improve your planning through better knowledge gathering, assessment and anticipation?

- Are there situations you're now facing where patience may actually be your greatest power? Or have you been too hesitant and now need to get clear and get moving?

- What **one thing** will you, a) commit to and b) schedule right now so that you get yourself in motion?

What: _____

When: _____