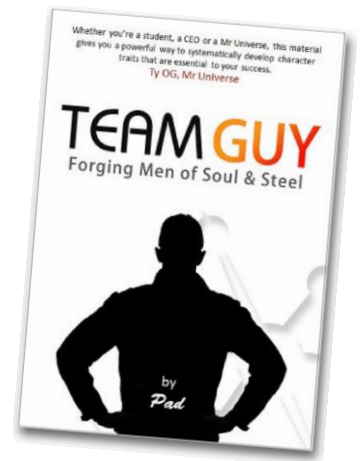


# Forging Soul & Steel WORKSHEET

## Chapter 14 Actions



### Your Focus: Review - Assess - Plan (R.A.P.)

It's time to review your past and current performance, assess what needs to change and plan specific steps that will forge a new path into a better future.

- What important things should you be addressing right now?

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- How can you ensure you give the issue/s adequate focus?

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- What has distracted you in times past from completing this or similar tasks?

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- What **one thing** will you, a) commit to and b) schedule right now so that you get yourself in motion?

What: \_\_\_\_\_

When: \_\_\_\_\_