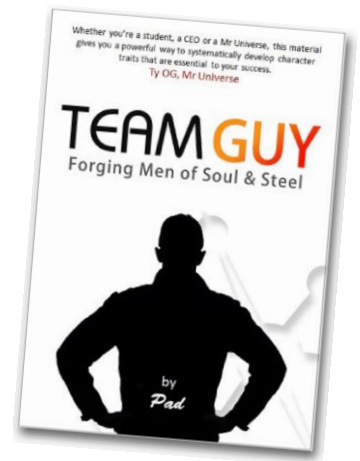


Forging Soul & Steel WORKSHEET

Chapter 16 Actions



Humour & Humility: Review - Assess - Plan (R.A.P.)

It's time to review your past and current performance, assess what needs to change and plan specific steps that will forge a new path into a better future.

- Where do you feel you *can* improve? Where do you feel you *must* improve?

- Are you almost always right in your decisions? Do you **need** to be right? What would happen if you weren't right?

- Are you open to feedback from people you admire? Are you open to feedback from those you supervise?

- How much humour do you generate in an average day? Are you fun to be around – or are you dry, boring, demanding and draining?

- What **one thing** will you, a) commit to and b) schedule right now so that you get yourself in motion?

What: _____

When: _____