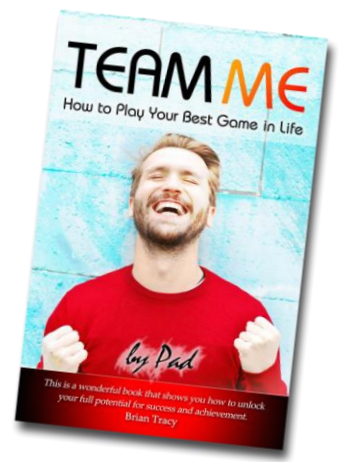


Playing Your Best Game WORKSHEET



Chapter 7 Comparative Profiling

Step 1.

Knowing what you know about the six key archetypes: the Sovereign, the Warrior, the Sage, the Mystic, the Lover and the Jester, can you remember times and situations when each have been strongly in evidence? (This just helps you see that they are all present in some way in your life.)

Step 2.

Understand that each archetype:

- is merely a facet of yourself
- can, and does, rise or fall in influence at various times
- can be called upon at any time when their specific strengths are required
- always has a positive intent and can achieve much good, yet can become a problem if too strong or too weak in its influence

Step 3.

Using the following chart, you grade each of the six archetypes listed in terms of their influence, from 0 to 10, in your personal/home life.

| | Sovereign | Warrior | Sage | Mystic | Lover | Jester |
|---------------|-----------|---------|------|--------|-------|--------|
| Personal Life | | | | | | |

Step 4.

Then do the same for your work situation – show the degree to which each of these archetypes manifest their characteristic influence in your professional life and enter a number from 0 to 10 on a row underneath.

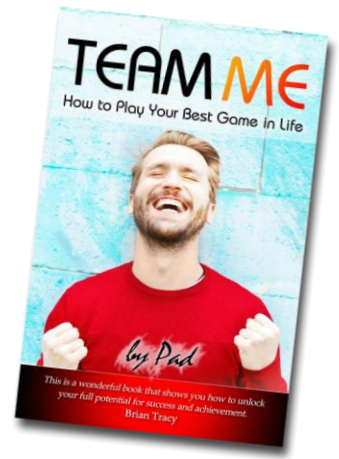
| | Sovereign | Warrior | Sage | Mystic | Lover | Jester |
|-------------------|-----------|---------|------|--------|-------|--------|
| Personal Life | | | | | | |
| Professional Life | | | | | | |

Step 5.

Look at your results and highlight the archetypes that show the greatest difference between the ratings you gave for your personal life and professional life.

This simple exercise of placing your scores side by side reveals the areas of greatest incongruence, or tension – those that almost certainly need the most work.

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NOTES:

A difference of 1 or 2 would be quite normal, 3 or 4 would indicate there may be an issue to deal with, and 5 or more would indicate that things are probably quite uncomfortable for you.

Any gap, or difference, over 4 indicates that you're probably not well suited for the job you're currently doing, or alternatively, that your home environment has squeezed you into a rather uncomfortable mold.

It might be worth noting that for the vast majority of professional roles, you'd expect the Jester to rate relatively low and it would be no surprise to find it rated somewhat higher in your personal life - unless of course, you're a professional comedian. 😊

Whichever way, a large difference between your personal and professional scores for any individual archetype indicates that some sort of change work is in order.

To discover the books, audios and online video courses that can help guide you on your journey to *become more*, visit www.teamme.com

To discover your Archetype Power Profile online,
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